

THE EPISTLE



Reprinted with Permission
from Davison Welch

St. Paul's Episcopal Church

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Worship
Holy Eucharist
Sunday, 10:30 AM

Coffee and Hospitality
After Service



A Message from the Priest in Charge

You are invited to a Collaborative Lent and Holy Week!

It is Lent, the season of the church year in which we prepare our hearts and minds and spirits to celebrate the resurrection of our Lord. We do so by stepping out of our normal routines and spending extra time in prayer, Bible study, and the sacraments of the church.

This year the Hopkinton-Medway Collaborative Ministry invites you to a Holy Lent through attendance at Sunday services, and our mid-week devotions and sharing of Holy Communion. Beginning at Christ Episcopal Church in Medway on Tuesday, March 3 at 7:30 PM those interested will say the Rosary and then celebrate the Holy Eucharist. On Tuesday March 10 the feast will move to St. Paul's in Hopkinton. The full schedule of Lenten services is below.

For Holy Week this year we will have the traditional Tenebrae service at Christ Church on Wednesday, April 8, the Maundy Thursday service at St. Paul's on April 9, Good Friday services at noon at Christ Church and in the evening at St. Paul's on April 10, and the Great Vigil of Easter at Christ Church on April 11.

As always, those who wish to add the rite of Reconciliation to their Lenten Devotions may do so by contacting Fr. Mike for an appointment.

By setting aside special time for feeding our souls, by changing our routines in ways that remind us of our relationship with God, and by becoming part of our Lord's Passion, we open ourselves to the miracle that we proclaim on Easter Sunday.

You are invited!

Mike+

Our Mission The mission of St. Paul's is to minister unconditionally to all in the name of Christ through shared worship, teaching, healing and service.

Our Vision St. Paul's is called to be an inviting, embracing, nourishing and life-giving fellowship in the family of Christ.

Lenten Schedule...

Sun., Mar. 8 at 8:45 AM Lent 2 Holy Eucharist at Christ Church
 Sun., Mar. 8 at 10:30 AM..... Lent 2 Holy Eucharist at St. Paul's
 Mon., Mar. 9 at 7:30 PM Vestry Meeting at Christ Church
 Tues., Mar. 10 at 7:30 PM.... Intro to Rosary, Holy Eucharist at St. Paul's
 Sun., Mar. 15 at 8:45 AM..... Lent 3 Holy Eucharist at Christ Church
 Sun., Mar. 15 at 10:30 AM ... Lent 3 Holy Eucharist at St. Paul's
 Sun., Mar. 22 at 8:45 AM..... Lent 4 Holy Eucharist at Christ Church
 Sun., Mar. 22 at 10:30 AM ... Lent 4 Holy Eucharist at St. Paul's
 Mon., Mar. 23 at 7:30 PM Adult Forum at Christ Church
 Tues., Mar. 24 at 7:30 PM.... Rosary, Holy Eucharist at Christ Church
 Wed., Mar. 25 at 7:30 PM Joint Vestry Meeting at St. Paul's
 Sun., Mar. 29 at 8:45 AM..... Lent 5 Holy Eucharist at Christ Church
 Sun., Mar. 29 at 10:30 AM ... Lent 5 Holy Eucharist at St. Paul's
 Tues., Mar. 31 at 7:30 PM.... Rosary, Holy Eucharist at St. Paul's
 Wed., Apr. 1 at 7:00 PM Vestry Meeting at St. Paul's
 Sun., Apr. 5 at 8:45 AM Palm Sunday, Holy Eucharist at Christ Church
 Sun., Apr. 5 at 10:30 AM Palm Sunday, Holy Eucharist at St. Paul's
 Wed., Apr. 8 at 7:30 PM Tenebrae at Christ Church
 Thurs., Apr. 9 at 7:30 PM..... Maundy Thursday at St. Paul's
 Fri., Apr. 10 at Noon Good Friday at Christ Church
 Sat., Apr. 11 at 7:00 PM Easter Vigil, Holy Eucharist at Christ Church
 Sun., Apr. 12 at 8:45 AM Easter, Holy Eucharist at Christ Church
 Sun., Apr. 12 at 10:30 AM.... Easter, Holy Eucharist at St. Paul's

*Because of Christ
and His redemption,
I am completely
forgiven and fully
pleasing to God. I
am totally accepted
by God.*

*Therefore, since we
have been made
right in God's sight
by faith, we have
peace with God
because of what
Jesus Christ our
Lord has done for
us. Romans 5:1*

Why the Rosary this Lent?

If you are much like me, quieting your mind for prayer is a challenging matter. There are 10,000 things that swirl through my mind when my activity level goes down in the midst of a busy day. The Rosary seems to facilitate putting all those thoughts away for a while. Keeping up with the beads occupies me physically, reciting the prayers occupies me mentally, and contemplation of the mysteries of the faith occupies me spiritually... Body, Mind and Spirit. For 20 minutes or so the Rosary takes me away from the everyday and helps me find the presence of God. If you grew up with the Rosary, come meet an old friend again. If the Rosary has not been part of your past, come meet a new friend who might be able to usher you into a moment of quiet fellowship with our Lord.

Mike+

For to me, living is for Christ, and dying is even better. Yet if I live, that means fruitful service for Christ. I really don't know which is better. Phillipians 1:21-22

Time and Talent – What's close to your heart?

Do you long to teach children? Volunteer to teach a Sunday School Class. You could begin by just substitute teaching or co-teaching. See Linda Lee or Marcy Cox.

Do you enjoy thinking up and following through with fundraising ideas? Or is outreach close to your heart? See Dianne Belamarich, Ruth Warner or Mary Arnaut.

Do you like to cook? See Dave Spengler.

Do you like to write? See Sally Snyder about writing for the Epistle.

Do you want to do something but prefer to be somewhat in the background? See Ruth Warner or Vicky Jacobsen about joining altar guild.

Do you like to read to a crowd? Does ushering interest you? How about serving on the altar? See Ruth Warner.

Do you want to pray with other people who also love God? See Sue Ramsley or Fr Mike about participating in prayer group.

The list goes on... So, what's close to your heart? Share your thoughts with a vestry member or Fr. Mike.

Going Green

St. Paul's is going green... one step at a time. You'll notice blue recycle bins in the offices and at the exits to the sanctuary. If you don't take your bulletin home with you, please place it in a bin. Mary Arnaut has graciously offered to empty these bins on a regular basis.

Other green ideas being looked into are automatic light/motion light switches for a few places within the building.

Do you have ideas on how we can go greener? Please see Dianne, Mary or any Vestry member with your ideas.



Adopt a Platoon – Soldier

What is the AdoptaPlatoon Soldier Support Effort™?

The AdoptaPlatoon Soldier Support Effort™ was founded in 1998 and is a nonprofit 501C-3 organization managed nationwide by volunteer mothers to ensure that deployed United States Service members in all branches of the military are not forgotten by providing needed mail support and to promote patriotism in our schools and communities. To provide a better deployment quality of life, lift morale, and assist military families, the AAP created projects that meet the need of military requests, established

special projects for holidays, and assigns individual morale lifting mail support to service members of all branches of the U.S. military serving their Nation around the world.

Why support a soldier?

These men and women's lives are on the line everyday, because of circumstances out of their control. Yes, they have a military mission, but many of them also carry a message of hope and that Americans care.

There are countless reports of soldiers helping children or building schools and small businesses for the nationals. In spite of horrific conditions, they try their best to spread goodwill, also.

Sending a monthly box will help them to remember that God's love and redemption can be found everywhere, even on the battlefield. Like the song says, "They will know we are Christians by our love".

Policy and procedure...

The name and address of the particular soldier we adopt is highly confidential and will be known by only one or two parishioners.

We will have a list of suggested items and items to exclude. You might be surprised by some of the everyday staples these soldiers need. They like to receive notes from children so the Sunday school could make cards to send to our soldier.

The commitment is to send one box per month of the various items and can include creative ideas. They like to be surprised. The cost to ship the box is \$10-\$15 so monetary donations will be accepted to cover this cost.

It really looks like an outreach agenda we can easily achieve.

Please see Dianne or Mary if you would like to spearhead this campaign or be a part of a committee to run it. Look for additional information, regarding this effort, in the coming weeks.

Antique Appraisal Event

People found out if they were hanging onto trash or treasure at the antique appraisal event held on Feb. 27. The event was attended by parishioners and non-parishioners. It's becoming a community event. It was truly a delightful time... Hope you can join us next year if you didn't attend.



2009

Life at St. Paul's . . .

MARCH						
S	M	T	W	T	F	S
FP	2	3	V	5	6	7
PL	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL						
S	M	T	W	T	F	S
			V	2	3	4
FP	6	7	8	MT	GF	11
E	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY						
S	M	T	W	T	F	S
					1	2
FP	4	5	V	7	8	9
PL	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE						
S	M	T	W	T	F	S
	1	2	V	4	5	6
FP	8	9	10	11	12	13
PL	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

KEY DATES

March 6, 7 & 8 – Women’s Retreat
 March 8 – Nick Cholakis Eagle Scout Court of Honor
 (Rain date 3/15)
 March 22 – Grace Methodist Church Concert
 (Rain date 2/15)

REGULAR ST. PAUL’S MONTHLY EVENTS

First Sunday of the month: Food Pantry Collection **FP**
 Second Sunday of the month: Potluck after Service **PL**
 First Wednesday of the month: Vestry Meeting **V**

LENTEN SCHEDULE

(Christ Church (CC) – St. Paul’s (SP))
 Sun., Mar. 8 at 8:45 AM – Lent 2 Holy Eucharist at CC
 Sun., Mar. 8 at 10:30 AM – Lent 2 Holy Eucharist at SP
 Mon., Mar. 9 at 7:30 PM – Vestry Meeting at CC
 Tues., Mar. 10 at 7:30 PM – Rosary, Holy Eucharist at SP
 Sun., Mar. 15 at 8:45 AM – Lent 3 Holy Eucharist at CC
 Sun., Mar. 15 at 10:30 AM – Lent 3 Holy Eucharist at SP
 Sun., Mar. 22 at 8:45 AM – Lent 4 Holy Eucharist at CC
 Sun., Mar. 22 at 10:30 AM – Lent 4 Holy Eucharist at SP
 Mon., Mar. 23 at 7:30 PM – Adult Forum at CC
 Tues., Mar. 24 at 7:30 PM – Rosary, Holy Eucharist at CC
 Wed., Mar. 25 at 7:30 PM – Joint Vestry Meeting at SP
 Sun., Mar. 29 at 8:45 AM – Lent 5 Holy Eucharist at CC
 Sun., Mar. 29 at 10:30 AM – Lent 5 Holy Eucharist at SP
 Tues., Mar. 31 at 7:30 PM – Rosary, Holy Eucharist at SP
 Wed., Apr., 1 at 7:00 PM – Vestry Meeting at SP
 Sun., Apr. 5 at 8:45 AM – Palm Sunday, Holy Eucharist at CC
 Sun., Apr. 5 at 10:30 AM – Palm Sunday, Holy Eucharist at SP
 Wed., Apr. 8 at 7:30 PM – Tenebrae at CC
 Thurs., Apr. 9 at 7:30 PM – Maundy Thursday at SP - **MT**
 Fri., Apr. 10 at Noon – Good Friday at CC - **GF**
 Sat., Apr. 11 at 7:00 PM – Easter Vigil, Holy Eucharist at CC
 Sun., Apr. 12 at 8:45 AM – Easter, Holy Eucharist at CC - **E**
 Sun., Apr. 12 at 10:30 AM – Easter, Holy Eucharist at SP - **E**